

| | REGIONAL CHAMPION | | | | REGIONAL RUNNER UP | |
|------|-------------------|-----|--|------|--------------------|-----|
| 1972 | John Loftin | 115 | | 1972 | Robert Bivins | 148 |
| 1974 | Horice Coachman | 158 | | 1974 | Arness Johnson | 128 |
| 1975 | Tony Kenyon | 167 | | 1974 | Pete Ross | 170 |
| 1977 | Jimmy Allen | 108 | | 1974 | Willie Mitchell | HWT |
| 1978 | Charles Rainey | 122 | | 1975 | Pete Ross | 167 |
| 1978 | Jimmy Allen | 129 | | 1975 | Arness Johnson | 132 |
| 1983 | Rob Carscadden | 122 | | 1976 | Cletus Paylor | 155 |
| 1984 | Rob Carscadden | 119 | | 1976 | David Lutz | 126 |
| 1987 | Russ Smith | 112 | | 1977 | Charles Rainey | 115 |
| 1987 | Tony White | 132 | | 1979 | Barry Woods | 101 |
| 1989 | Greg Randall | 171 | | 1982 | Rob Carscadden | 115 |
| 1990 | Gary Woods | 119 | | 1982 | Bob Carscadden | 122 |
| 1991 | Gene Williams | 119 | | 1983 | Bob Carscadden | 115 |
| 1992 | Jared Ezzell | 130 | | 1984 | Bob Carscadden | 119 |
| 1992 | Trent Satterfield | 152 | | 1987 | Russ Smith | 112 |
| 1993 | Andre Fowler | 275 | | 1988 | Gary Woods | 119 |
| 1993 | Spenser Poteat | 145 | | 1989 | Gary Woods | 119 |
| 1993 | Cliff Davis | 130 | | 1990 | Tim Miller | 152 |
| 1995 | Chris Steele | 130 | | 1991 | Alex Williams | 171 |
| 1995 | Charlie Compton | 140 | | 1991 | Shawn Richards | 160 |
| 1995 | Ramsey Chambers | 152 | | 1991 | Trent Satterfield | 145 |
| 1996 | Charlie Compton | 145 | | 1991 | Andre Fowler | 275 |
| 1996 | Justin Horne | 125 | | 1992 | Gene Williams | 135 |
| 1997 | Justin Horne | 125 | | 1992 | Andre Fowler | 275 |
| 1997 | Jason Wilson | 152 | | 1992 | Chris Steele | 103 |
| 1997 | Brock Wilkerson | 215 | | 1993 | Chris Steele | 112 |
| | | | | 1994 | Spenser Poteat | 152 |
| 1999 | Tyrone Hodge | 103 | | 1993 | Cliff Davis | 119 |
| 1999 | Zack VanDeventer | 140 | | 1995 | Terry Wade | 112 |
| 2000 | Tyrone Hodge | 119 | | 1995 | Jason Wilson | 135 |
| 2000 | Jermaine Hodge | 125 | | 1996 | Jason Wilson | 152 |
| 2000 | Taylor MaCay | 152 | | 1997 | Ramsey Chambers | 160 |
| 2000 | Brandon Grasty | 215 | | 1997 | Vic Wiley | 275 |
| 2001 | Tyrone Hodge | 119 | | 1998 | Tyrone Hodge | 103 |
| 2001 | Ryan LaRue | 135 | | 1999 | Jermaine Hodge | 119 |
| 2001 | Taylor MaCay | 152 | | 1999 | Brian Smith | 189 |
| 2003 | Talyor Fielding | 145 | | 2000 | Britton Murray | 160 |
| 2003 | Shane Barbee | 215 | | 2001 | Britton Murray | 160 |
| 2004 | Ryan Soles | 112 | | 2002 | Sam Baird | 275 |
| 2004 | Adam Clayton | 119 | | 2003 | Adam Walker | 152 |
| 2004 | Brandon Jacobs | 140 | | 2004 | Dante Hill | 160 |
| 2005 | Adam Clayton | 119 | | 2005 | Hart Holloman | 112 |
| 2005 | Bryan Parrish | 125 | | 2005 | Derek Tarrant | 140 |
| 2005 | Chase Kernodle | 171 | | 2005 | Brandon Jacobs | 145 |
| 2006 | Devorio Evans | 215 | | 2005 | Zach Upchurch | 152 |
| 2007 | Chris Johnson | 112 | | 2008 | Chris Johnson | 119 |
| 2008 | James Norman | 125 | | 2008 | Taylor Cash | 130 |
| 2008 | Nick Walters | 152 | | 2008 | Remington Jarrett | 140 |
| 2008 | Jamar Jackson | 160 | | 2008 | Aaron Bernstein | 171 |